

MANIFESTATION RETREAT: FINANCIAL ABONDANCE



With Sofia
Reiki Practitioner
Motivational Influencer

October 13 – 16

At Bab Zouina, Ourika

Join us for a 3 nights weekend of Reiki, meditation, Yoga, delicious moroccan dishes and Hiking in the Atlas mountains

UNLEASH YOUR
MANIFESTATION POWER

PROGRAM

Limiting believes & money
Root CHAKRA activation
Manifestation techniques
Collective REIKI session
Burning & Dancing ceremony



4900 MAD per person

For Booking & Information:

Tél. : 0660-96.00.28

WhatsApp : +41-79-336.48.48

Arrival: Thursday 13th :

12:00-14:00 : Check-in

14:00-15:00 : Lunch

15:00-17:00 : Free time (Hammam,
massage upon schedule, rest)

17:00-18.30 : Restorative yoga*

20:00 : Group dinner

*By Karim



Day one : Friday 14th :

8:00-9:00 : Breakfast

9:00-11:00 : Introduction to
manifestation and abundance

11:00-11:15 : Coffee break

11:15-12:30 : Limiting believes

14:00-15:00 : Lunch

15:00-18:00 : Root Chakra activation,
(manifestation meditation & Yoga*)

18:00-20:00 : Free time

20:00 : Group dinner followed by a
burning & dancing ceremony



Day two : Saturday 15th :

8:00-9:00 : Breakfast

9:30-12:30 : Group hike with a guide to
Amatou (35 min drive using personal cars)

13:00-14:00 : Group lunch

15:00-18:00 : Manifestation techniques

19:00-20:00 : Group dinner



Day three : Sunday 16th :

7:00-8:00 : Sunrise contemplation*

8:00-9:00 : Breakfast

9:30- 11:00 : Collective REIKI session and group discussion

11:00-12:00 : Checkout

*Optional



Twin/double rooms are available with a private bathroom (2 persons per room)

This retreat will host 10 participants

Extras:

Relaxing Oil Massage (60 min) *: 400 MAD

Shiatsu Massage (75 min) **: 600 Dhs

Hammam : 300 Dhs

*By Zineb

** By Karim



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After more than a decade working in management, I was naturally guided towards the energy world. I started with a 9 month training on chakra balancing with Maija Disseau in 2018 followed by a series of trainings in Reiki with Lô Pham, the Usui method.

In addition to being a Reiki practitioner since 2019, I accompany my clients in need of inspiration to go through life with more joy, ease, clarity and abundance.

Looking forward to sharing with you my energy, knowledge and technics in a fun and beautiful setting a few miles from Marrakech.

With love,

Sofia