

Yoga Retreat



BAB ZOUINA

Klara Puski & Kat Chareonying

Schedule

DAY 1

Arrival

17:00-18:30 Welcome practice

19:00 Dinner

DAY 2, 3, 4, 5, 6,7

8.00-10.00 Practice

10.30 Brunch

17.00-18.30 Evening practice

19.00 Dinner

DAY 8

8.00-10.00 Practice

10.30 brunch

Departure

The teachers



Kat Chaeronying



Klara Puski

Accommodation

A Paradise on Earth

The Ourika valley is a little bit of Paradise on earth. Bab Zouina (Door of Beauty in Moroccan) is located at the foot of the Atlas mountains, three hours by camel from the hustle and bustle of Marrakesh. This enchanting place, surrounded by olive trees, still lives with the rhythm of nature. The purity of the air, the invigorating smells, and the ochre soil interspersed with varied hues of green provides a wonderful opportunity to enliven the senses and to facilitate contemplation. The magic of this wonderful site is enhanced by the changing light during the day and the clarity of the starry sky at night.



Accommodation



Bab Zouina

is a traditional riad, a gorgeous Moroccan villa, located on a beautiful piece of land planted with fruit trees, palm trees and a vegetable garden. The house is spacious and has many nooks and corners for the different times of the day. Bab Zouina has various terraces and peaceful places that allow visitors to relax.



Outdoor & Shala

Struck by the calmness of the surrounding countryside, our ears start listening to the continuous chirping of the birds, the braying of the donkeys, the crowing of the cock and the call of the cuckoo, the croaking of the toads and the frogs, the laughter of children playing in the distance, the call to prayer by the muezzin from the neighbouring mosque, the refrain of sounds from the farmers in their fields...



Outdoor & Shala



During the Spring, flowers of all colours blossom everywhere. The Summer gives the fields a beautiful golden colour. Autumn is punctuated by olive picking and pressing the precious oil. Finally, Winter allows the earth to regenerate and to regain its vitality and the Atlas looms over the valley often covered in snow.

Pricing

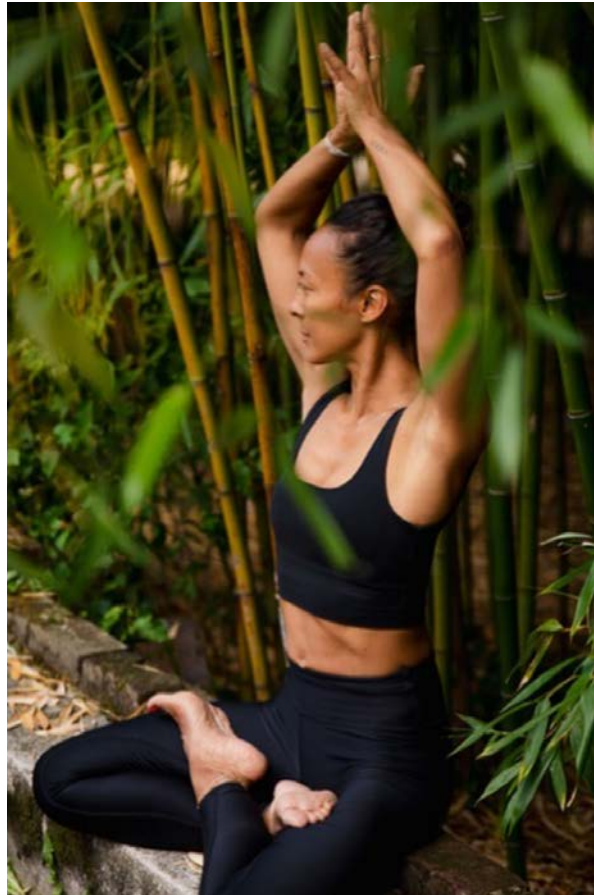
Price

Includes Yoga, accommodation & food

7 nights – 2nd to 9th Dec

- **1 880 euros** : Single w/ private bathroom*
- **1 775 euros** : Single room*
- **1 670 euros** : Double w/ private bathroom
- **1 565 euros** : Double
- **1 320 euros** : Triple

*upon request according to availabilities



Activities

On-site



Many on-site activities are proposed such as hammam, calligraphy, travel sketchbook, hiking, trekking...



REGISTRATION

marhaba@babzouina.com

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Klara & Kat

