

# Jivamukti Yoga Retreat

with Ian Szydowski & Conor Byrnes

3 - 10 January 2026



BabZouina  
yoga, nature & retreat



We're thrilled to announce the return of the Morocco Jivamukti Retreat in 2026! Join us for a transformative experience with the best teachers **Ian Szydowski & Conor Byrnes**

✨ **What Awaits You:**

- Jivamukti Yoga - Deepen your practice with daily sessions designed for all levels, fostering balance, strength, and inner peace.
- Meditation - Immerse yourself in guided meditations, embracing mindfulness and self-discovery amid Morocco's breathtaking scenery.

This retreat is a sanctuary for relaxation and personal growth—a chance to disconnect from daily life and reconnect with yourself through yoga, meditation, and nourishing vegan cuisine. Don't miss this opportunity to rejuvenate your body and soul in the heart of Morocco!

# Teachers



*Conor Byrnes*



*Ian Szydowski*

# Taking place at a traditional Moroccan villa, **Bab Zouina**

The retreat will take place in a beautiful traditional Moroccan villa situated in the Ourika Valley (30 km from Marrakesh) in a magnificent property surrounded by olive trees.

Far from urban stress, Bab Zouina has kept an authentic and serene spirit, respectful of the environment; the buildings are ecologically built with cut stone and natural mud bricks.

With a lush ornamental garden designed by Swedish artist and landscaper Catharina von Unge, the environment provides an oasis for meditation and peace.

...an authentic and serene spirit, respectful of the environment.





Traditional Moroccan and Berber meals are prepared daily using fresh local produce. Vegetarian/vegan dishes are available for those who wish.

Guest rooms are spacious and authentic: carpets, cushions, crafts, and a comfy bed.





Stroll the countryside freely as the weather will be mostly sunny, around 20°C during the day and 10°C at night. A pool of natural water is available.

Ourika Valley is full of cultural, recreational and 'nature' activities. Activities on offer include: visits to a saffron plantation, botanical garden, or the Berber souk, hiking in the mountains or bread making with the women of the village (all subject to availability).

# Registration & Price

|                                 |              |
|---------------------------------|--------------|
| Triple room                     | €1'155/pers. |
| Double room w/ shared bathroom  | €1'400/pers. |
| Double room w/ private bathroom | €1'505/pers. |
| Single room w/ shared bathroom  | €1'610/pers. |
| Single room w/ private bathroom | €1'855/pers. |

## Includes:

- Yoga courses for the whole retreat
- Transfer to and from Marrakesh airport
- Accommodation
- All on-site meals
- Fruits and Moroccan tea at all times

Detailed schedule will be prepared in due time based on yoga level of participants.

A deposit of 500€ is required to confirm registration. The balance is due one month prior to the retreat.

This deposit is only refundable in case of retreat cancellation. Cancellation policy is available at: [bab-zouina.com/cancellation-registration](http://bab-zouina.com/cancellation-registration)

To register please send an email expressing interest to [marhaba@babzouina.com](mailto:marhaba@babzouina.com) or via WhatsApp: +41-79-336.48.48



See you soon!



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