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Subject: EXCITING NEWS - Morocco retreat in November
Date: 29 April 2025 at 12:36
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NADINE SANDERS YOGA

COME AWAY WITH ME TO SUNNY MOROCCO
SAT 1ST NOV - THURS 6TH NOV 2025





Bab Zouina is a peaceful and unique yoga retreat centre built in traditional Moroccan style, located at the foot of the Atlas Mountains only 40 mins from Marrakesh. It's an eco friendly secluded venue, surrounded by green olive trees, blooming flowers and chirping birds.



Beautiful view of the Atlas Mountains, lush gardens, indoor and roof top yoga shalas, fresh water pool, hamman, clay tennis court, fire circle and various terraces and peaceful places to relax. You can catch both sunrise and sunset from the rooftop terraces and at night you can see a clear starry sky.

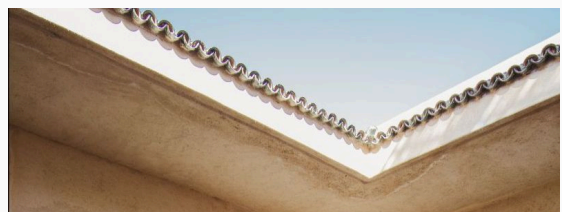
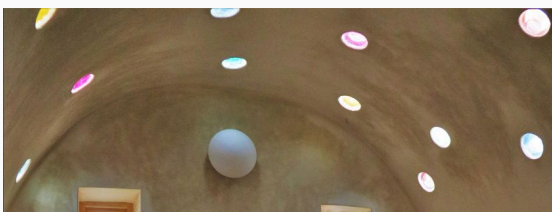


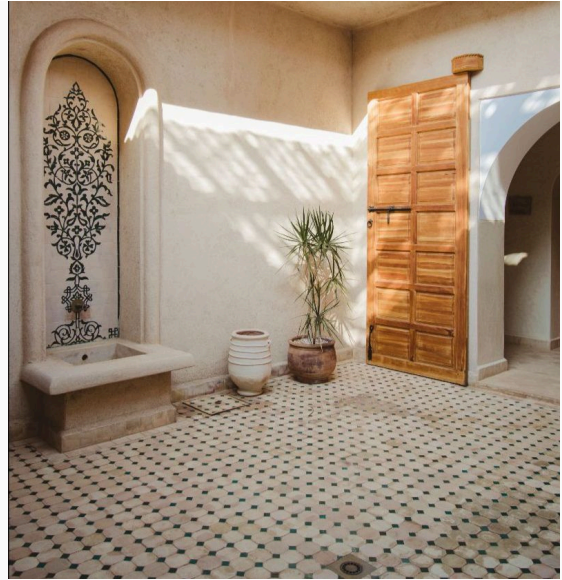
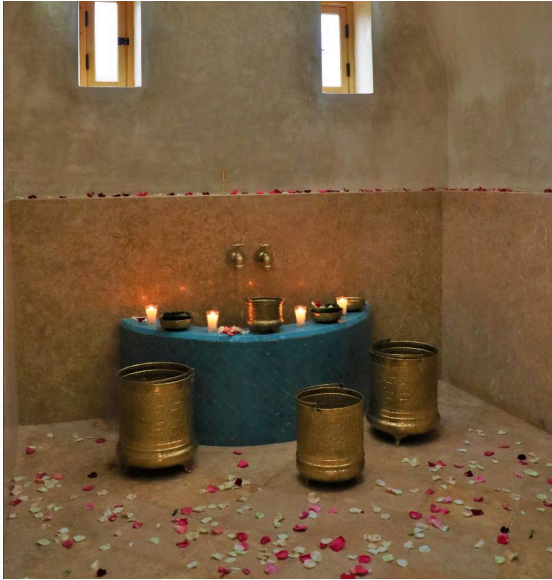
Daily morning yoga - a mix of Dharma, Jivamukti and Rocket including pranayama and meditation
In the evenings a workshop, asana lab or a restorative practice



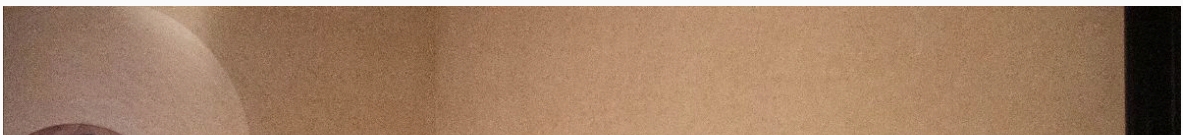


Loads of optional activities available - Atlas Mountains trip, Marrakesh tour, henna ceremony, bread making, visiting the local Berber market, hamman treatments and massages and more ! There are also nearby villages walking distance to explore and the beautiful Anima Gardens 10 mins drive away.





An authentic, eco friendly, oasis in nature. Utilising the skills of the local villages, respecting the environment and using renewable energy whenever possible.





Food will be vegan using local produce as well as their own vegetable garden. Bread is baked on a daily basis in a traditional Moroccan earth oven. Tea, coffee, fresh and dried fruits are available throughout the day



EARLY BIRD PRICES

£780 triple room with private bathroom

£830 double/twin room with shared bathroom
(shared with 1 other room)

£900 double/twin room with private bathroom

£1100 private room with private bathroom

Prices increase by £100 after 31st June

Deposit £200

Balance due 1st Sept

It is possible to pay balance in monthly instalments if preferred



INCLUDES

5 nights accommodation, all food & daily yoga

Does not include flights, transfers, insurance, optional
excursions/activities

Transfers can be arranged €30pp each way
Additional optional activities from €10 - €65

Check in 4pm Sat / check out 11am Thurs
You are welcome to arrive earlier & leave later if needed





Oh and the average daily temp in Nov is 24 degrees !

Really excited for this retreat
I visited Bab Zouina in March - it's a very special place

Any questions please let me know
nadine@nadinesanders.yoga
:)

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