

Morocco Retreat

5TH-12TH DECEMBER 2026



Iyengar yoga retreat with Maria Bird, at Bab Zouina. A haven of peace just 45 minutes' drive from Marrakesh, nestled at the foot of the Atlas Mountains.

Our retreat will offer **25 hours of yoga** throughout the week, including **asana**, **rope work** and **pranayama**.

The weeks' itinerary allows plenty of time to use the onsite **swimming pool**, **Hammam** and **tennis courts**. As well as opportunities for excursions including **treks** in the **Atlas Mountains**, **Berber Market** and **onsite massage**.

For more details and pricing, contact:
mariayogalife@gmail.com