

## Iyengar yoga retreat

28th February - 7th March 2026

with Kate Rathod

at the foot of the Atlas Mountains surrounded by olive trees, blooming flowers and chirping birds is a peaceful and unique yoga retreat centre built in traditional Moroccan style and spread across a wide domain with terraces and peaceful places to relax.



A soil red garden with green thyme and lavender hedges, lantana bushes, rose trees, agave plants and exotic flowers. Sunrise and sunset from the rooftop terraces and clear starry night skies framed by the mountains.



Vegetarian meals from Moroccan, Berber and Middle Eastern cuisine are prepared with local produce and bread baked daily in a traditional Moroccan earth oven.



There will be 2 asana and a pranayama class daily offering a great opportunity to improve your yoga and your understanding of the practice. There is plenty of time for rest and relaxation between classes in this wonderful setting. Should that not be enough, massages and cultural activities which include cooking class, bread making, calligraphy sessions, pottery workshops, hiking, an historical tour of Marrakesh, a visit to local Berber markets . . . can be arranged.



Prices start from £855 in triple accommodation and include all meals, yoga classes and airport transfers. (Flights, travel insurance, excursions and extra activities are not included).

For more information email me at yogakate08@gmail.com