

Kundalini Yoga Soul Sanctuary Retreat Morocco

Join us
for our 6
night
Kundalini
Yoga
retreat
13th-19th
February
2027
With
Joti Yoga
www.joti yoga.uk

Nestled amidst olive groves 45 mins drive from Marakesh lies Bab Zouina, an oasis of nature & tranquility where Moroccan architecture blends seamlessly with the land to create a retreat space that you will never forget! Bab Zouina means beautiful door, and on entering it feels like you have arrived at some kind of Shangri-la..... Join us on our Soul Sanctuary 6 night Kundalini Yoga retreat February 13th to 19th 2027.



Roof top terrace dining



Chill time



Pool area & Tennis courts



Here is a short video of some of the grounds & a double ensuite room

Accommodation options

Triple room
with shared bathroom

Single room
ensuite & shared

Double room ensuite



Twin room shared
bathroom



Example programme

- 8am Early morning practice Kundalini Yoga and meditation
- 09.30am Breakfast
- 11- 1pm Kundalini Yoga session
- 1.30pm lunch
- 3pm-6pm Free time/ pool time / tennis / explore the area/ massage or treatments
- 6.30pm Dinner
- 8.00pm Live Music & Mantra/ meditation

Optional extras to be decided together during the retreat, time will be built in for the Atlas mountains trek & Marrakech trip

- Guided hike in the Atlas Mountains & lunch Euros 65
- Day trip to Marakesh Euros 45
- Hammam treatments various packages on offer
- Cookery class 2 hours Euros 25
- Pottery workshop 2 hours Euros 70
- half day excursion to Agafay desert with camel ride Euros 90
- And so many more!



Investment

Prices include accommodation, transfers to and from the airport, use of all the facilities (tennis court and swimming pool), all meals, (fruit, nuts and water available throughout the day), and all Yoga sessions

Not included: Flights, trips and treatments

- Single room, private bathroom £1250
- Single room shared bathroom £1150
- Twin room private bathroom £1050
- Double room private bathroom £1050 per person
- Triple room shared bathroom £950 per person

£150 Deposit
Then monthly payment plan
options available on booking form



BOOK HERE



About Kundalini Yoga

Kundalini Yoga is a blend of Raja Yoga, Shakti Yoga and Bhakti Yoga. Raja Yoga works on bringing the body and mind into a one- pointed focus through the practice of meditation, and mental and physical control. Shakti Yoga is the expression of the divine feminine energy and power within. Bhakti Yoga is a devotional form of yoga that uses mantras. The word 'Kundalini' refers to an energy that lies coiled and usually dormant at the base of the spine. It is a potent reservoir of energy that can be unlocked to impart oneself with vitality, radiance, and grace. It is a dynamic form of yoga that unlocks your unique human potential.

Kundalini Yoga awakens your higher consciousness and connects you to the universal consciousness. On a spiritual level It gives the yogi the tools needed to explore beyond the self, to merge with the infinite consciousness, and to nurture the soul. On a physical level, through posture work and pranayama, it energizes and strengthens the body and calms the mind. It helps to balance emotions and works on increasing flexibility and flow of prana throughout the whole body.

Kundalini Yoga establishes a harmonious relationship between the mind, body, and soul. It is a quicker way of raising your vibration and connecting to your higher consciousness than other types of Yoga.

Our retreats are designed to be restorative and quietly transformative. You will practise daily Kundalini yoga, breathwork, and meditation, enjoy nourishing food, and spend unhurried time in nature. We keep groups small so everyone receives attention and space to unwind.

Suitable for all levels. Come as you are. Make new friends. Leave lighter, clearer, refreshed and energised.

Reviews of previous retreats

"It's been a week since returning from the yoga retreat in Glastonbury and I've started to realise the profound changes that have happened within me. I am able to approach life with patience, clarity and much more love. I'm also noticing an improvement in my ability to balance my work and social life which is something I've found challenging until now!"

— Shanny

Held in the heart of Glastonbury, this retreat was so much more than just a getaway—it was a journey inward. Through gentle yoga practices, deep breathwork, and heart-opening mantras, participants found themselves softening into a new rhythm.

I have just returned from my third yoga retreat with Joti Yoga and what a wonderful retreat it was! From the opening ceremony where we set our intentions, to the closing ceremony where we felt gratitude for the time we had shared together, Joti carefully shaped the experience so that we could have time for stillness and meditation as well as yoga, singing, dancing and laughter! The weekend included a beautiful summer solstice experience at Glastonbury Tor, mantras and meditation, kundalini yoga, chakra dancing, gong bath ceremony, wild swimming, and delicious vegan food. The whole weekend was joyful and true nourishment for the soul. Joti is more than a yoga teacher; she creates space for self-expression and reflection and the retreat was all of that and more.- Claire



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Joti Yoga



About Your host, Joti

I am passionate about Kundalini Yoga, and sharing the technology of Kundalini Yoga . I love being able to uplift people, in fact it's my mission in life! I love being able to share the transformative practice of Kundalini Yoga which connects you to your authentic self I am a warm hearted person, a teacher, a musician, a mum. I have been practicing Kundalini Yoga for 18 years. I'm a qualified level 1 teacher, and currently studying my level 2 qualification I have been teaching for 5 years. I am a certified Gong sound healer I teach 4 classes a week, host monthly themed workshops, host retreats and day retreats. I teach the violin, and I have a wealth of experience in working with people, connecting with people, and empowering people through Music and Yoga

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