



YOGA RETREAT – MOROCCO

With Robert Ashman

31 October – 7 November 2026 | Bab Zouina, Ourika Valley, Marrakesh



Join Robert for a 7-night Iyengar Yoga retreat at Bab Zouina, a beautiful yoga centre set in lush gardens at the foot of the Atlas Mountains. With fully equipped indoor and outdoor yoga shalas, peaceful surroundings, and delicious vegetarian Moroccan cuisine, this retreat offers the perfect opportunity to deepen your yoga practice, relax, and restore.

What is included:

- Morning and evening yoga sessions in spacious and fully equipped shalas and terraces with mountain views
- Comfortable accommodation (single, twin, or triple rooms available)
- Nourishing vegetarian meals made with local produce (vegan options available)
- Time to relax, swim, use the hammam, or join optional excursions (hikes, cultural tours, desert trips)

This retreat is designed to recharge body and mind and deepen your practice in a supportive community.



About Robert:

Robert began practising Yoga in Cambridge in 1998 after suffering from back pain while working as a landscape gardener. Encouraged by his first teacher, Janet Tournier Downs (one of B.K.S. Iyengar's early UK students), he completed his teacher training with Iyengar teacher Sasha Perryman and continues his practice with her.

- Certified Iyengar Yoga Teacher (level 2)
- Teaching since 2005
- Ongoing practice with senior Iyengar teachers
- Currently working towards Level 3 certification

Registration & Price

Room Type	Price
Triple room	£821.66
Twin room with private bathroom	£1126.70
Twin room with shared bathroom	£1035.15
Single room with private bathroom	£1431.82
Single room with shared bathroom	£1218.24

Price includes:

- All yoga classes for the whole retreat
- Transfer to and from Marrakesh airport
- Accommodation
- All on site meals
- Fruits and Moroccan teas available anytime

Not included:

- Flights
- Travel Insurance



For booking: robert@robertashmanyoga.co.uk

For more information: www.bab-zouina.com