

# MOROCCO YOGA RETREAT

DECEMBER 5-10, 2026





# our home

Our home for the week, **Bab Zouina**, is a peaceful oasis surrounded by olive trees, gardens, and views of the Atlas Mountains.

The space combines Moroccan charm with calm simplicity — perfect for deep rest and reflection.

## You will enjoy

- Beautiful yoga shala surrounded by nature
- Nourishing meals made with local ingredients (Vegetarian, vegan option possible)
- Swimming pool, hammam, and lush gardens
- Optional excursions to Marrakech or the Atlas foothills



# prices

## Room Type and Price

- **Double room:** €1,175 per person  
(Early bird offer: €1,115)
- **Triple room:** €925 per person  
(Early bird offer: €880)

Early Bird Offer until May 31, 2026.

## What's not included in the price package?

- Flight tickets + travel insurance
- Transportations from the airport to the retreat center (can be organised with retreat center directly)
- Any external activities



# what to expect

This retreat blends **movement, stillness, and connection** — designed for all levels of practitioners. Although some yoga experiences are recommended.

- Daily powerful morning yoga practice
- Daily morning meditation
- Evening yoga practice to slow you down and recharge
- Free time for rest, hammam, or exploration
- Wholesome Moroccan meals (Breakfast, lunch, and dinner)
- A warm, supportive community

## Important Note

- Extra activities are not included in the price.
- Previous yoga experiences are recommended.





# program

## **Day 1** (Dec 5)

- Check-in
- Opening circle with gentle evening yoga

## **Days 2–5** (Dec 6–9)

- Energizing vinyasa-style yoga classes in the morning
  - Morning meditation
  - Breakfast
  - Free time for outdoor activities (personally/group)
- or
- Afternoon yoga classes
  - Dinner
  - More detailed info will be shared upon booking

## **Day 6**(Dec 10)

- Closing circle & gentle morning practice
- Breakfast & check-out

# booking

## Booking

- To book your spot, please contact Bab Zouina at [marhaba@babzouina.com](mailto:marhaba@babzouina.com) or +41793364848 (Whatsapp). If you have any inquiries, send an email at [khhgpgy@gmail.com](mailto:khhgpgy@gmail.com).
- To secure your spot, a **€350 non-refundable deposit** is required.
- The remaining balance is **due by October 1, 2026**.

## Cancellations & Refunds

- Cancellations made on or **before October 1, 2026**: 100% of the total payment (**excluding deposit**) will be refunded.
- Cancellations made on or **before November 1, 2026**: 50% of the total payment (**excluding deposit**) will be refunded.
- Cancellations made **after November 1, 2026**: **non-refundable**.
- If the retreat is canceled by the organizer (e.g., due to travel restrictions or minimum participants not met), you'll receive a full refund.
- Minimum participants: 6 people



# about Henna



My name is Henna.

I'm a passionate yoga and Pilates teacher based in Berlin. My purpose is simple: to share the transformative power of yoga and help others reconnect with their bodies, breath, and inner calm. My yoga journey began in 2010 in Korea. What started as curiosity soon became a life-changing path—one that not only deepened my own practice but also inspired me to guide others toward balance and wellbeing.

Today, I teach a variety of classes from Yoga to Pilates with focus on Vinyasa Yoga, Yin Yoga, and Pilates. Each class is designed to create space for movement, stillness, and self-discovery.

# what people say



Have been an avid student of Henna's classes for some time now. Her classes are dynamic, always challenging yet very fulfilling to the body and soul. I joined her yoga retreat in Portugal and it was one of a kind experience.

*Verna*



As an absolute beginner, I couldn't have wished for a better introduction to yoga than the yoga retreat by Henna. She's incredibly calm, inspiring, and always attentive. She radiates such positive energy and has this beautiful, holistic approach to life.

*Irene*



I've been attending her class every Saturday for the last few months, and she's absolutely amazing. IMO she's a hidden gem! I truly hope more yogis would get to know and experience her incredible teaching

*Jaeyeon*