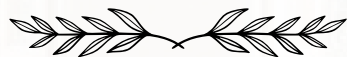


Reset, Refresh, Renew



**A 4-night yoga and mindfulness retreat
designed to leave you feeling restored and
recharged**

| Ourika, Morocco | 11-15th of July 2026 |

**Move your body and calm your mind in our stunning
mountain Moroccan oasis**

**Think fun and energetic yoga sessions in the morning,
lazy afternoons spent by the pool and gardens, great
food with like-minded people, end each day with
gentle yin and restorative yoga sessions**

****Day-time temps of 25-31C, night time temps of 22C****



Your retreat experience includes:



- a 4-night stay at our property - a secluded oasis in the Ourika mountains, just outside of Marrakech
- Energetic morning, and restorative evening yoga sessions each day - all levels welcome and mats and props are provided!
- Three delicious meals prepared by our chef daily
- A half-day guided tour through the sites and markets of Morocco
- Plenty of time to unwind and enjoy the gardens, terraces and courtyards, and private pool!





Accommodation Options



• Shared triple room with ensuite -
€555 per person

• Shared twin room with shared
bathroom - €645 per person

• Shared twin room with ensuite
- €715 per person

• Private room with shared bathroom
- €795

• Private room with ensuite - €885

*shared bathroom is shared between two rooms



Booking Process



To confirm your place:
**25% non-refundable deposit required to
confirm your place**

**Friday 29th of May -
Final balance due (75% of total payment)**

**Friday 12th of June -
Confirmation of flights required, so we
can arrange transfers for everyone**

**Saturday 11th of July -
The fun begins!**





What's Not Included



FLIGHTS:

**Suggested flights are on the next page!
You're welcome to book other flights of
course.**

TRANSFERS:

**One-way transfers from the airport to the
retreat centre cost approx. €30 per person.
We can arrange these for those who need
about a month from arrival.**

ADDITIONAL EXPERIENCES:

**Such as on-site massages and treatments
and use of the hammam!**



Recommended Flights



**Saturday 12th of July
Dublin to Marrakech**

| 10:40 - 14:20 |

Ryanair

**Wednesday 15th of July -
Marrakech to Dublin**

| 9:50 - 13:55 |

Ryanair

