

# Jivamukti Yoga Retreat

with Ian Szydowski & Conor Byrnes

6 - 13 February 2027



**BabZouina**  
yoga, nature & retreat



We're thrilled to announce the return of the Morocco Jivamukti Retreat in 2027! Join us for a transformative experience with the best teachers **Ian Szydowski & Conor Byrnes**.

✨ **What Awaits You:**

- Jivamukti Yoga - Elevate your practice through daily sessions open to all levels, cultivating strength, balance, clarity, and inner harmony.
- Meditation - Dive into guided meditations that invite presence, awareness, and deep self-inquiry, surrounded by Morocco's stunning natural landscapes.

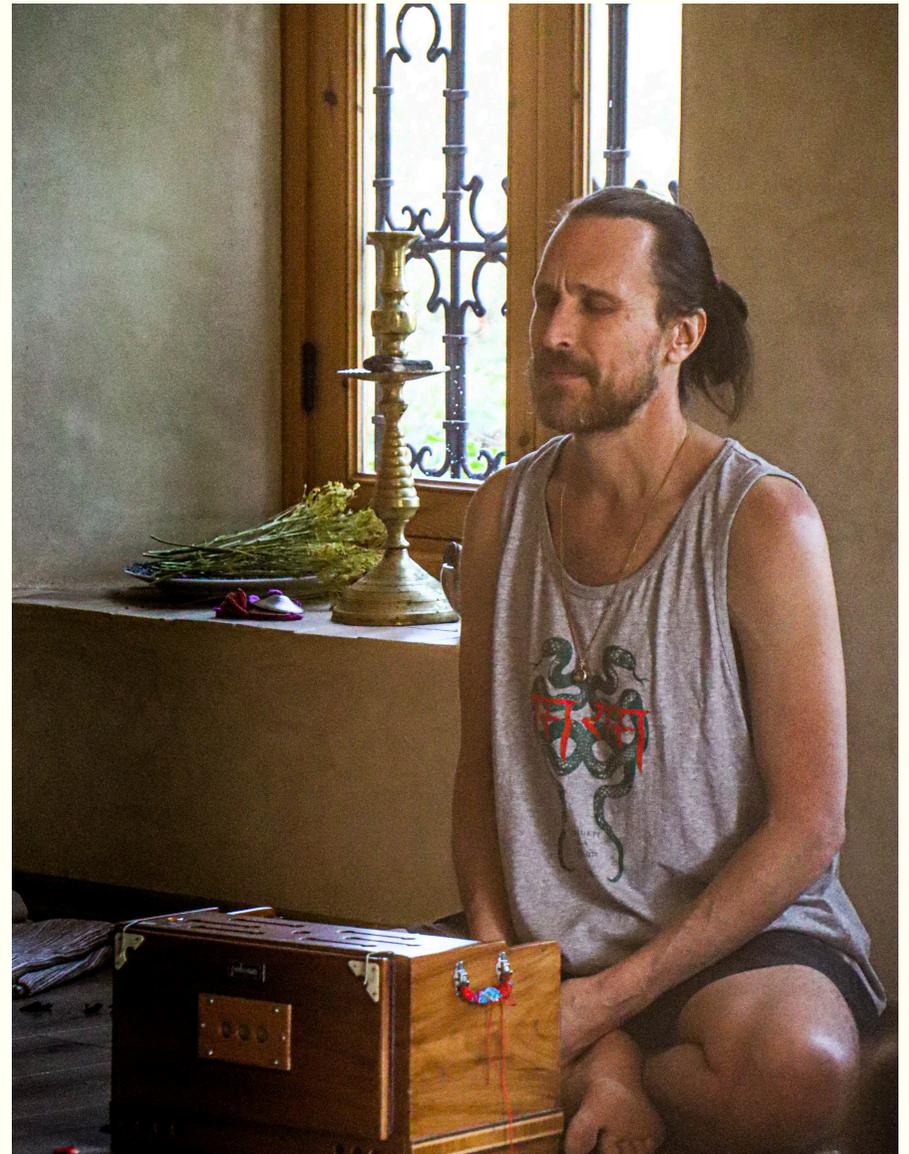
This retreat offers a true sanctuary for rest and renewal – an opportunity to step away from the noise of everyday life and reconnect with yourself through yoga, meditation, and nourishing vegan cuisine.

Join us in the heart of Morocco for a deeply enriching experience that revitalizes both body and soul.

# Teachers



*Conor Byrnes*



*Ian Szydowski*

# Taking place at a traditional Moroccan villa, **Bab Zouina**

The retreat will take place in a beautiful traditional Moroccan villa situated in the Ourika Valley (30 km from Marrakesh) in a magnificent property surrounded by olive trees.

Far from urban stress, Bab Zouina has kept an authentic and serene spirit, respectful of the environment; the buildings are ecologically built with cut stone and natural mud bricks.

With a lush ornamental garden designed by Swedish artist and landscaper Catharina von Unge, the environment provides an oasis for meditation and peace.

...an authentic and serene spirit, respectful of the environment.





Traditional Moroccan and Berber meals are prepared daily using fresh local produce. Vegetarian/vegan dishes are available for those who wish.

Guest rooms are spacious and authentic: carpets, cushions, crafts, and a comfy bed.





Stroll the countryside freely as the weather will be mostly sunny, around 20°C during the day and 10°C at night. A pool of natural water is available.

Ourika Valley is full of cultural, recreational and 'nature' activities. Activities on offer include: visits to a saffron plantation, botanical garden, or the Berber souk, hiking in the mountains or bread making with the women of the village (all subject to availability).

# Daily Schedule



## Saturday 6th February 2027: Arrival

16:00	Check-In
18:00 - 19:00	Introduction & Welcome
19:00 - 20:00	Dinner

## Sunday 7th - Friday 12th Feb. 2027

8:00 - 9:00	Introduction to text
9:00 - 9:30	Light snack
9:30 - 12:00	Asana practice
12:00 - 13:00	Hearty vegan brunch
13:00 - 17:00	Free time (excursions, massage, hammam)
17:00 - 18:45	Evening practice
19:00 - 20:00	Dinner

## Saturday 13th February 2027: Departure

9:00 - 10:00	Breakfast
11:00	Check-out

# Registration & Price

Triple room	€1'325/pers.
Double room w/ shared bathroom	€1'535/pers.
Double room w/ private bathroom	€1'640/pers.
Single room w/ shared bathroom	€1'745/pers.
Single room w/ private bathroom	€1'955/pers.

A deposit of 500€ is required to confirm registration. The balance is due one month prior to the retreat.

This deposit is only refundable in case of retreat cancellation. Cancellation policy is available at: [bab-zouina.com/cancellation-registration](http://bab-zouina.com/cancellation-registration)

## Includes:

- Yoga courses for the whole retreat
- Transfer to and from Marrakesh airport
- Accommodation
- All on-site meals
- Fruits and Moroccan tea at all times

To register please send an email expressing interest to [marhaba@babzouina.com](mailto:marhaba@babzouina.com) or via WhatsApp: +41-79-336.48.48

See you soon!



**Bab Zouina**  
yoga, nature & retreat