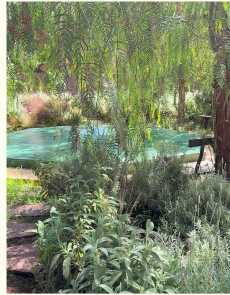


A 7 NIGHT YOGA RETREAT IN THE FOOT HILLS OF THE ATLAS MOUNTAINS

Jivamukti Yoga
with Emily Lacy
26th February – 5th March 2027
Prices from £1475



REFLECTIVE IMMERSIVE TRANSFORMATIVE

Our time together is designed to help you reset, reconnect and realign with your true self through yoga, breathwork, sound/chanting, meditation, yogic philosophy, journaling, intention setting.

Each day we will gather for morning chanting and meditation, journaling, cleansing breath work, yogic philosophy and Jivamukti Yoga. Evenings will be a way to nurture, and slow down with Yin Yoga, chanting and breathwork, opening the heart and balancing the nervous system while immersing in the sunrise and sunset and the stunning view of the Atlas Mountains



During the day you can take a dip in the refreshing pool, relax under the warm Moroccan sun, laze with a book, spend time with like minded people, take time for reflection, venture out into Marrakesh a vibrant and bustling city 50 minutes away, hike the atlas mountains, adventure to the Ourika waterfalls, indulge in traditional hammam and massage and much more!

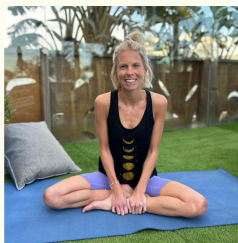
TESTIMONIALS

Emily's retreats are transformative. I have been on many of Emily's retreats and each one is so unique with the chanting, the yogic teachings and the immersive in depth practises. Emily has a way of bringing together a very special group of like minded people. It brings me back to my heart and opens me up in a way like no other.
Jo

Emily's retreat was such a grounding and inspiring experience. The combination of Emily's teachings, the beautiful setting and the people, who made it a genuinely unforgettable experience. I look forward to the next one.
Najah

Cost/per person in GBR:

Single room/Private bathroom £1875
Single room/Shared bathroom £1775
Twin room/Private bathroom £1725
Twin room/Shared bathroom £1625
Tripple room £1475



LET'S CONNECT

For more info contact
em.jivamukti@gmail.com

"Yoga is the journey of the self,
through the self, to the self"